

# QPR: Question. Persuade. Refer.

## 2026 Virtual Trainings



### QPR Gatekeeper Training

This 60-minute training is FREE to all Bronson staff and is facilitated by trained Bronson QPR facilitators. Just as CPR prepares you for stepping in to assist in a cardiac crisis, QPR will teach you the skill and knowledge to intervene and prevent suicide.

### What You Will Learn

As a QPR-trained gatekeeper, you will understand how to:

- Identify the warning signs of suicide
- Offer hope and support
- Connect individuals with appropriate help to save lives

[bronsonhelpnet.com](http://bronsonhelpnet.com)

Classes take place on the second Tuesday of every month at noon.

Select a date below to register for the free virtual class:

- February 10
- April 14
- June 9
- August 11
- October 13
- November 19
- December 8

**Sign Up Today!**

Once you've taken QPR, share your knowledge with others and help plant seeds of hope.

Suicide prevention takes a community, and it starts with YOU!

