

## BONUS WEBINAR

# DEALING WITH PROLONGED GRIEF

The trauma of the pandemic has reshaped how we experience and process grief, with prolonged grief now officially recognized in the DSM-V. In this interactive session, participants will explore the definition of prolonged grief, its cognitive, emotional, and physical effects, and best practices for coping. You'll gain valuable insights into treatment options and resources to help support yourself and loved ones through these challenging times. Join us to better understand this complex form of grief and learn strategies to promote healing and resilience.



Wednesday,  
May 27, 2026  
1:30 - 2:30 p.m.

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