



Department of English

Cara Lougheed, BA '96

High School English and History Teacher, Stoney Creek High School

Cara Lougheed earned her bachelor's degree in English: secondary education from WMU in 1996. She completed her master's degree in teaching and learning from Florida's Nova Southeastern University. She began her teaching career at Rochester High School in 1998 and was a founding member of Stoney Creek High School when it opened in the fall of 2001.

This past year, Lougheed was recognized as the 2019-20 Michigan Teacher of the Year. For nearly 20 years, she has taught thousands of students and mentored numerous future teachers.

Outside of the classroom, Lougheed has served as a social studies teacher leader, building activities director, district union representative and a National Education Association delegate. She has worked collaboratively with colleagues and administrators to write curriculum, design an attendance incentive program for students, and contribute to various projects aimed at increasing student connectedness and improving school culture.