2025

Sindecuse Health Center Annual Report



THROUGHOUT THE REPORT, INDICATORS NOTABLE FOR AN INCREASE ARE MARKED BY THIS SYMBOL XX%

Sindecuse Health Center providers saw

PATIENT VISITS

from July 2024 through June 2025.

Access Contributes to Student Success

We keep students healthy and enrolled, preventing lost class or worktime, reducing health care expenses that can knock a student off track.



6,416 INDIVIDUAL STUDENTS BOOKED AN APPOINTMENT IN 2024-25.

440 OF STUDENTS LIVING ON-CAMPUS HAD AN APPOINTMENT DURING THE YEAR.

SAME-DAY ACCESS

10,230

patients booked an appointment on the same day or within 24 hours of their call or patient portal visit.

Note: Not every patient wants an immediate appointment, but access is a key difference between Sindecuse Health Center and other providers.

STUDENTS RECOGNIZE THE ACADEMIC SUPPORT RECEIVED:

93%



90%



agree that

"the services I received made it easier for me to remain enrolled in school by addressing my medical or mental health concerns." agree that

"the services I received made it easier for me to achieve academic goals."

2025 Patient Satisfaction Survey, American College Health Association, n=204, n=118

Student Mental Health & Well-being

Counseling Services outreach encompasses individual visits, group therapy, "Let's Talk" tables across campus and beyond.

4,846

COUNSELING VISITS WERE ATTENDED BY WMU STUDENTS

AND ANOTHER AVENUE:

3,527

Students sought care for mental heath concerns with primary care providers, social workers, a psychiatrist, or a dietitian.

"I recommend Sindecuse to everyone I can - from staff to students. It is one of the best things about WMU - because it is an example of the care and attention that students and staff receive during times of distress and medical needs."

COUNSELING SERVICES BEYOND TRADITIONAL TALK THERAPY:

128 Attendees at group therapy sessions

530 Mind Spa appointments 7 19%

35 "LET'S TALK" OUTREACH EVENTS

Counselors made 35 visits to eight locations—meeting students where they study, live and play.

Comment from 2025 Patient Satisfaction Survey

Partnerships and Outreach

We serve campus and community partners with responsive, tailored programs, meeting needs not filled by other sources in the community.

COMMUNITY **PARTNERS**

Five area Fire Deptartments Kalamazoo College mental health support Kalamazoo County Health and Community Services

9% **EXAMS PROVIDED** FOR AREA FIRE **DEPARTMENTS**

LET'S TALK **EVENTS** ACROSS CAMPUSES

MENTAL HEALTH AND WELL-BEING

C.A.R.E. Team Let's Talk outreach Western Wellness Committee



SINDECUSE **HEALTH CENTER**

WMU ACADEMIC **PROGRAMS**

Aviation drug screens **Dietetics**

Dance program injury clinic **International** Student TB screening

Nursing

Performing Arts on-site performance support

Study Abroad travel medicine





EXPERIENTIAL LEARNING

SEE NEXT PAGE FOR TRAINING EXPERIENCES

ACCREDITATION & ADVOCACY

AAAHC national accreditation reaffirmed every 3 years American College Health Assn. Advocacy group leadership

WMU ATHLETICS

Mental performance support Game-day X-ray coverage **NCAA Compliance support**



UNIVERSITY-WIDE HEALTH AND SAFETY

AED program management **Critical Incident Response Team** Occupational Medicine program WMU Health & Safety Committee

REPORT SATISFACTION WITH THE **CLEANLINESS &** APPEARANCE OF THE **HEALTH CENTER**

> 2025 Patient Satisfaction Survey, ACHA, n=239

Experiential Learning

Sindecuse Health Center is a training site providing real-world work experience for students from around WMU and community-based institutions.

Cumulative count of 2023-24 and 2024-25 shown.

HCOB

COMPUTER **INFORMATION SYSTEMS**

CEHD

COUNSELOR EDUCATION & COUNSELING PSYCHOLOGY HIGHER EDUCATION STUDENT AFFAIRS **SOCIAL WORK**

TOTAL

Sindecuse

CHHS

HEALTH ADMINISTRATION PHYSICAL THERAPY **DOCTORAL PROGRAM**

WMED

YEAR 3,4 PEDIATRIC & ADOLESCENT MEDICINE, AND **PSYCHIATRIC RESIDENTS SPORTS MED FELLOW**



WMU ACADEMIC PROGRAMS

GRADUATE AND UNDERGRAD PROGRAM STUDENTS



STUDENT EMPLOYEES

GAIN WORK EXPERIENCE IN THE SPORTS MEDICINE CLINIC **AND PHARMACY**

OVER THE PAST 10 YEARS, HUNDREDS OF PRE-PROFESSIONAL STUDENTS HAVE TRAINED AT THE HEALTH CENTER.

EXTERNAL PROGRAMS

TRAINING STUDENTS FROM **COMMUNITY HEALTH PROVIDERS**

PINE REST CHRISTIAN MENTAL HEALTH SERVICES PSYCHIATRIC

RESIDENTS

KELLOGG COMMUNITY COLLEGE

TOTAL

PHYSICAL THERAPY **ASSISTANT STUDENTS**

1-Stop Service

Pharmacy, Laboratory, and X-ray services paired with medical care at one stop keeps students and employees close to the places they study and work.

27,481

PRESCRIPTIONS were filled by the Sindecuse Pharmacy in 2024-25.

"The professionals at Sindecuse spend time with you and treat you with complete respect."

- 2025 patient satisfaction survey



12,563 LAB PANEL ORDERS PROCESSED

LAB AND DIAGNOSTIC SERVICES SUPPORT ACADEMIC AND ATHLETIC PROGRAM PARTICIPATION

Students in Aviation, Dietetics, Nursing, Physical Therapy, and more need screening to participate in placement and training.

International students from certain countries are required to take a TB test when entering WMU.

WMU Athletics team members are screened for sickle cell disease as required by the NCAA.

Therapy close to work & study

WMU Sports Medicine Clinic services located on campus save patrons time and money—contributing to employee well being.



Sports Medicine Clinic staff offer weekly drop-in clinics for dancers and provided performance day coverage for

A 25%

dance program student contacts.



4,463
Physical Therapy sessions

280 127%
Chiropractor
visits

1,157
Massage Therapy
visits

OCCUPATIONAL HEALTH ON CAMPUS

The health center provides preemployment exams, audiology reviews and on-the-job injury care for WMU employees prioritized for immediate evaluation during the work week, and ongoing physical therapy as needed. There were

966

of these contacts for occupational health services in 2024-25.



All data collected July 2024 through June 2025 unless otherwise noted.

Achieved Accreditation by



Accredited by the American Association of Ambulatory Health Care

SINCE 1997