



Fads, Half-Truths and Lies— Oh My!

This workshop will dispel
some of the current diet and
nutrition myths out there.

Tuesday, Oct. 21

12:05–12:55 p.m.

3111 Sindecuse Health Center

Presented by Registered Dietitian,
Gretchen Kauth

Registration deadline
by Monday, Oct. 20



Scan to
register

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