

High Protein Recipe

Ice Cream

28P/35C/10F

- Fairlife Core Power Protein Shake
- 100g Strawberries
- 10g 90% Lindt Dark Chocolate
- 20g Honey

Freeze $\frac{3}{4}$ of core power shake in ice cube tray.

Once frozen, add the frozen cubes and the rest of the core power shake into the blender.

Blend until smooth.